



## CIRULAR WALK TO TROUTBECK

DISTANCE: 3.5 Miles

TIME: 2 ½ HOURS

REFRESHMENTS: Old Post Office Tea Rooms Troutbeck  
(Or walk a further ¾ mile through the village to the Mortal Man Pub).

Also an opportunity to visit Townend Historic House

The walk can be shortened to 2 ¼ miles.

### Overview of Walk:

This walk is a very easy as a family **walk**, with wonderful views of Lake Windermere. The walk starts and ends at the **Cottage**.

DANGER NOTE: There are some very brief sections of road walking on quiet minor roads and you have to briefly walk along the main road at the entrance to the cottages. Dogs can be let off the lead in plenty of places.

### Cottage to Troutbeck Walk Description:

1. From the cottage walk out to the main road. Taking care cross the road via the traffic island and turn left towards Windermere. Walk along the road for 200m and take the second lane on the opposite side of the road signposted Public Bridleway Wain Lane (take care crossing the road).
2. Continue up Wain Lane for 1 Mile passing **Middlerigg Tarn** on the left. Middlerigg Tarn is an artificial lake now frequented by many ducks swans and coots. Wain lane is a 10<sup>th</sup> century cart track that was used by packhorses to bring Slate from Troutbeck to where it could be transported by boat along the Lake.
3. When the track meets a road (**Holbeck Lane**) turn right towards Troutbeck village. If you want to shorten the walk Marked A on the map turn left down Holbeck Lane and pick up the walk at point B.
4. Continue along the village road you soon pass **Townend** on your left. Townend presents a unique insight into the life of one Lake District family through the centuries. The house was built in 1626 for George Browne, a 'statesman' (wealthy yeoman) farmer. It remained with the family until 1943 when it transferred into National Trust ownership. Note Town end is closed in the winter, reopens mid March. Children will find Townend a fascinating place to visit, and a discovery sheet is available to guide them round the house.
5. Continue up the lane towards the village until you reach the **Old Post Office** and shop, now a useful tearoom and refreshment stop.
6. For those wanting a more substantial meal or something stronger to drink continue walking through the village for ¾ mile to the Mortal Man pub. Excellent food with children's menu, dog friendly and a beautiful garden in the summer.
7. Back at the Old Post Office turn along Robin Lane **signposted Public Bridleway Robin Lane**. Continue along Robin lane which will be joined by a Bridleway on the left after a further 300m turn sharp left by a pillar.
8. Continue down the track to meet **Holbeck lane** (point B on the Map)
9. Turn right onto Holbeck Lane and at Castle Syke Farm turn left and walk down **Mirk Lane**, signposted Pulic Bridleway A591.
10. After **Wood Farm** bear right signposted Public Bridleway Brockhole.
11. Pass the Merewood Hotel and you are back at the cottage.